Neue. 1614.

A new Almanack and Prognostication, with the Forraine computation: serving for the yeare of our Lord and Sauiour Iesus Christ 1614.

Being the second yeare after the Bissextile or leape yeare.

Rectified for the elevation of the Pole Articke and Meridian of the famous towne of great Yarmouth in Norfolke: and may serue generally for the most part of great Brittaine.

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The contents of this double Kalender for the yeare of our Lord God. 1614. which is the second yeare after the Bissextile or leape yeare, according to the accompt and computation of the Church of England.

The prime or Golden number		19
The circle of the Sun is		27
The epact is		29
The dominicall letter is		D
The Romane indiction is		12
The space betweene Christmas and shrone Sunday is tenne weekes and one day.		
Shrone Sunday	March	6
Easter day	Aprill	24
Ascention day	June	2
Whitsunday	June	12
Aduentsunday	Nouember	27
Betweene Trinitie and Aduent, are sundayes.		22
Betweene Easter and Ascention are, 5 weekes and 3. dayes		
Betweene whitsunday and midsommer is one weeke & 4 dayes		
Betweene midsommer and Bartholmew is 8 weekes & 4 dayes		
Betweene Bartholmew and all saints are 9 weekes & 5 dayes		

The forraine Computation.

The prime or Golden number		19
The circle of the Sun		27
The epact		19
The Romane indiction		12
The dominicall letter		E
The first sunday in lent	February	16
Easter day.	March	30
Ascention day	May	8
Whitsunday	May.	18
Aduentsunday	December.	30
The space betweene Christmas and Shrone-sunday are sixe weekes and 4 dayes.		

A briefe & necessarie computation of yeeres

From the Creation of the world vntill this present yeare of our Lord God. 1614. is	5584
From the creation vntill the flood	1656
From the flaud to Christ	2306
From Moses to Christ	1514
Since the promised seede of Abraham	3560
Since the Israelites departed out of Egipt	3130
Since the destruction of Troy	2707
Since Brute entered this Iland	2721
Since the building of the Temple of Salomon	2650
Since the building of the Cittie of Rome	2365
Since Nabuchadonezer the King	2362
Since Alexander the great dyed	1938
Since Julius Cesar was slaine with bodkins.	1663
Since the happie birth of our Saviour Christ	1614
Since Jerusalem destroyed by Titus	1541
Since England receiued the Christian faith	1434
Since the Danes entered England	596
Since the Conquest of England	547
Since the science of Printing was inuented	154
Since King Henrie the 8 wonne Bolloigne	70
Since Kettes rebellion at Norwich	65
Since the infectious sweating sickenes	57
Since S. Pauls steeple fieren by lightning	52
Since the great plague at Newhauen	51
Since the Earles rebellion in the North	45
Since the blazing starre and frostie winter	42
Since the fierie apparition in the heauens.	40
Since the deepe snowe	35
Since the generall Earthquake in England	34
Since the Campe at Tilburie in Esser	26
Since the last earthquake in England	12

Our Kings Maiesties raigne whom the King of heauen graunt long and prosperously to raigne ouer vs. 12

The Anatomie of mans body, as the partes thereof are gouerned by the 12. celestiall Signes.

Aries, the heade and face: Taurus, the necke and throate Gemini, the armes and oulders: Cancer, the brest and stomacke: Leo, hart and backe: Virgo, belly and guts: Libra, raynes and buttockes: Scorpio, secret and members: Sagittarius, the thighes: Capricornus, the knees: Aquarius, the legges, Pisces, the feete.

Now if your body in health will keepe,
warme meates for it is very meete:
The Phisicke, sloath, and venerie,
auoid all bathes most carefully.

1	a	New yeare day	Aqua.	7	11	d	☾	First quarter
2	b	Octa of Steph	aqua.	20	12	e		the 7. day 38.
3	c	octa of Iohn	Pisces.	3	13	f		minuts after 8. of
4	d	octa of Innoc.	pisces.	16	14	g		the clocke at night
5	e	Edward k. p.	pisces.	28	15	a		
6	f	Twelfe day.	Aries.	11	16	b		
7	g	Sleep come in	aries.	23	17	c	●	Full moone
8	a	Lucian priest	Taur.	5	18	d		the 15. day about
9	b	1. sunt aft: epi.	taur.	17	19	e		7. of the clocke at
10	c	Sol in aqua.	taur.	29	20	f		night.
11	d	Linus bishop	Gemi.	11	21	g		
12	e	Archadius	gemi.	23	22	a		
13	f	Hillarie bish	Canc.	6	23	b		
14	g	Felix priest	canc.	19	24	c	☾	Last quarter
15	a	Maurice.	Leo.	1	25	d		the 22. day halfe
16	b	2. sun: aft pi.	leo.	14	26	e		an howre after 6.
17	c	Anthony de.	leo.	28	27	f		of the clocke at
18	d	Prisca virg.	Virg.	11	28	g		night.
19	e	Wolfan bish	virg.	25	29	a		
20	f	Fab and sebest	Libra.	9	30	b		
21	g	Agnes virg.	libra.	24	31	c		
22	a	Vincent mar.	Scor.	8	1	d		February. 1614.
23	b	3. sun: aft epi.	scor.	21	2	e		Purifica. de Mar.
24	c	Terme begin.	Sagit.	7	3	f		
25	d	Conuer S. Pa.	sagit.	21	4	g	●	New moone
26	e	Policarpe bish	Capr.	6	5	a		the 29. day halfe
27	f	Agnes second	capr.	19	6	b		an howre after 6.
28	g	Theodore pri.	Aqua.	3	7	c		of the clocke at
29	a	Valerius bish	aqua.	16	8	d		night.
30	b	Batilde qu.	aqua.	29.	9	e		Septuagesima.
31	c	Saturne e d.	Pisces.	11	10	f		

Februarie hath xxviii. dayes.

This moneth as yet no Phisicke vse,
for feare that you your selfe abuse:
Bleede not nor bath, be ruld by me,
except vpon necessitie.

1	d	Briget fast	Pisses.	24	11	g	☾ First quarter
2	e	Purit. of M	aries.	6	12	a	the 6. day halfe an
3	f	Blase bish	aries.	18	13	b	howre after fine of
4	g	Gilbert con	Taur.	0	14	c	the clocke at night.
5	a	Agathe vir	taur.	12	15	d	
6	b	5. su aft. epi	taur.	2[illegible]	16	e	
7	c	Angule bish	Gemi.	7	17	f	● Full moone
8	d	Sol in pisse	gemi.	19	18	g	the 14. day 20. min.
9	e	Appollin	Canc.	2	19	a	after eight of the
10	f	Scolastica	canc.	14	20	b	clocke in the mor-
11	g	Eufrage vir	canc.	27	21	c	ning.
12	a	Terme ende	Leo.	10	22	d	
13	b	6. su: aft: epi	leo.	24	23	e	
14	c	Valentine	Vir.	7	24	f	☾ Last quarter
15	d	Faustine bish.	vir.	21	25	g	the 21. day. 45.
16	e	Julian vir	Libr.	5	26	a	minuts after one of
17	f	Policron bish	libr.	20	27	b	the clocke in the
18	g	Simeon bish	Scor.	4	28	c	morning.
19	a	Sabine mar	scor.	19	1	d	March. 1614.
20	b	7. sun: aft: epi	Sagi.	4	2	e	
21	c	69. Martyrs	sagi.	18	3	f	
22	d	Cathed S. pet	Capr.	2	4	g	● New moone
23	e	Policarp fast	carr.	16	5	a	the 28. day 6. min.
24	f	Sathias Ap.	capr.	29	6	b	after 10. of the
25	g	Inven of pau	Aqua.	12	7	c	clocke in the after-
26	a	Alexander bi	aqua.	25	8	d	noone.
27	b	Augustine bi	Pisses.	8	9	e	
28	c	Oswald bish	pisses.	20	10	f	

Now March begins the ſpringing time,
the Sunne hath got the equall line:
Vſe Phiſickes Art, and all thy skill,
to helpe diſeaſes that be ill.

1	d	Dauid biſhop	Aries.	2	11	g	☾	First quar-
2	e	Chadde biſhop	aries.	14	12	a		ter the 8. day
3	f	Maurice	aries	26	13	b		about one of the
4	g	Adr. an martir	Taur.	8	14	c		clocke in the
5	a	Focas & euſebe	taur.	20	15	d		afternoone.
6	B	Shrouemunday	Gemi.	2	16	e		
7	c	Perpetue	gemi.	14	17	f		
8	d	Felix martir.	gemi.	27	18	g	●	Full mone
9	e	wed goes out	Canc.	9	19	a		the 15 day about
10	f	Sol in aries.	cane.	22	20	b		7. of the clocke
11	g	Quirion	Leo.	5	21	c		at night.
12	a	Gregorie	leo	18	22	d		
13	B	firſt ſan: in lent	Vir.	2	23	e		Palme ſunday.
14	c	Candide mar	vir.	16	24	f	☾	Laſt quar-
15	d	Ciriacke	Libr.	0	25	g		ter the 22. day
16	e	Barberwreke	libr.	15	26	a		42. min after
17	f	Gertrude	libr.	29	27	b		9. of the clocke
18	g	Edward King	Scor.	14	28	c		in the forenoone.
19	a	Joſeph mar. huſ	ſcor.	29	29	d		
20	B	Cuthert biſhop	Sagi	14	30	e		Easter day
21	c	Benedict	ſagi.	28	31	f		
22	d	Affrodoſe	Capr.	12	1	g		April. 1614
23	e	Theodore preiſt	capr.	26	2	a		
24	f	Init Ker Jac	Aqua.	9	3	b		
25	g	Annun. of Ma	aqua.	22	4	c	●	New moone
26	a	Caſtor mar	Piſces	5	5	d		the 30. day 20.
27	B	3. ſun: in lent.	piſces	17	6	e		min. after two
28	c	Dorothie vir	Aries	0	7	f		of the clocke in
29	d	Quintine	aries	12	8	g		the morning.
30	e	Quirine mar.	aries	23	9	a		
31	f	Adelme biſhop	Taur.	5	10	b		

This Aprill with his ſtormie ſhewers,
doth make the earth yeeld pleaſant flowers:
Purge well therefore for it is good,
to helpe thy body and cleanſe thy bloud.

1	g	Theodore.	Tauy.	17	11	c	☾ First quarter
2	a	Mary egipt	tauy.	29	12	d	the 7. day 40.
3	b	Richard biſh	Gemi.	10	13	e	minutes after fiue
4	c	Ambroſe.	gemi.	22	14	f	of the clocke in
5	d	Martian.	Cant.	5	15	g	the morning.
6	e	Sixtus biſhop	canc.	17	16	a	
7	f	Euphemie.	Leo.	0	17	b	
8	g	Perpetuus bi	leo.	13	18	c	● Full moone
9	a	7. Virgins	leo.	26	19	d	the 14. day 50.
10	b	Sol in can.	Virg.	10	20	e	minutes after 3.
11	c	Ruly biſhop.	virg.	24	21	f	of the clocke in
12	d	Oſwald arch.	Libra.	9	22	g	the morning.
13	e	Tuſemie vir.	libr.	23	23	a	S. George.
14	f	Tiburt and va.	Scor.	8	24	b	
15	g	Olmunde.	scor.	23	25	c	Marke euangel.
16	a	Iſeidore mar.	Sagi.	8	26	d	Laſt quarter
17	b	Palmeſunday	sagi.	23	27	e	the 20. day halfe
18	c	Valerian.	Capr.	8	28	f	an howre after 7.
19	d	Alphege biſh.	capr.	22	29	g	of the clocke at
20	e	Victor mart.	Aqua.	5	30	a	night.
21	f	Simeon biſhop	aqua.	19	1	b	May. 1614.
22	g	Sother virgin	Pilles.	2	2	c	
23	a	S. George.	pilles.	15	3	d	
24	b	Eaſter day.	pilles.	27	4	e	● New moone
25	c	Marke euang.	Aries.	9	5	f	the 28. day. 36 mi-
26	d	Clement biſh.	aries.	21	6	g	nutes after 6. of
27	e	Anaſtatius	Taur.	3	7	a	the clock at night.
28	f	Victalis	taur.	14	8	b	Aſcention day
29	g	Peter of miſl.	taur.	26	9	c	
30	a	Erkenwalde.	Gemi.	8	10	d	

May hath xxxi. dayes.

Now gallant May in his array,
doth make the fields pleasant and gay:
Walke earlie now for thy healths sake,
and still thou maist some Phisicke take.

1	B	Phil and Jac	Gemi.	19	11	E	☾ First quarter
2	c	Wed come in	Canc.	1	12	f	the 6. day about
3	d	Inu: of ye cross	canc.	13	13	g	seauen of ye clocke
4	e	Florian.	canc.	26	14	a	at night.
5	f	Goddards.	Leo.	8	15	b	
6	g	John port lat.	leo.	21	16	c	
7	a	John beuer.	Virg.	5	17	d	
8	B	Appa. s. Mich	virg.	18	18	E	Whitsunday.
9	c	Theophilus	Libr.	3	19	f	● Full moone
10	d	Gordian.	libr.	17	20	g	the 13. day halfe
11	e	Terme begin	Scor.	2	21	a	an howre after
12	f	Sol in gemi.	scor.	17	22	b	high noone.
13	g	Seruatius.	Sagi.	2	23	c	
14	a	Boniface bish.	sagi.	17	24	d	
15	B	Isidore mart.	Capr.	2	25	E	Trinity sunday.
16	c	Brandon bish.	capr.	16	26	f	☾ Last quarter
17	d	Diascorid mar.	Aqua.	0	27	g	the 20. day 23.
18	e	Dunston conf.	aqua.	14	28	a	minutes after 7.
19	f	Hellen queene	aqua.	28	29	b	of the clocke in
20	g	Barnare inc.	Pisses.	11	30	c	the morning.
21	a	Julian virgin	pisses	23	31	d	
22	B	Desideri mar.	Aries.	6	1	E	June 1614.
23	c	Trans. of Fra.	aries.	18	2	f	
24	d	Adelme bish.	Taur.	0	3	g	● New moone
25	e	August of en.	taur	12	4	a	the 28. day 14.
26	f	Bede priest	taur.	23	5	b	minutes after ten
27	g	Germane bish.	Gemi.	5	6	c	of the clocke in
28	a	Coron marir	gemi.	17	7	d	the forenoone.
29	B	Rogation sun.	gemi.	29	8	E	
30	c	Wed goes out	Canc.	10	9	f	
31	d	Petronil.	canc.	23	10	g	

This moneth of Iune vie clarified whay,
boyled with cold hearbs drinke alway:
From violent exercise now abstaine,
except thou wilt in trouble remaine.

1	e	Nichomede	Leo	5	1	a	☾ First quar-
2	f	Ascen: day	leo	17	1	b	ter the 5. day 46
3	g	Erasmus bish	Virgo	0	15	c	minuts after 4. of
4	a	Petrell	virgo	14	14	d	the clocke in the
5	b	Boniface bish	virgo	27	15	e	morning.
6	c	Terme ends	Libr.	12	16	f	
7	d	Mollstone	libr.	26	17	g	
8	e	Medard & gil	Scor.	11	18	a	● Full moone
9	f	Trans. edmon	scor.	26	19	b	the 11. day about
10	g	Iuan confes.	Sagi.	11	20	c	7. of the clocke
11	a	Solin Can.	sagi.	25	21	d	at night.
12	b	Whitsunday.	Capr.	10	22	e	
13	c	Anthony con.	capr.	24	23	f	
14	d	Trans of Rich.	Aqua.	8	24	g	Iohn Baptist
15	e	Emberweeke	aqua.	22	25	a	☾ Last quarter
16	f	Vite and mode	Pisces	6	26	b	the 18. day. 32.
17	g	Botulph	pisces.	19	27	c	minuts after 9. of
18	a	Marcelline	Aries.	1	28	d	the clock at night
15	b	Trinity-sund.	aries.	14	29	e	Peter Apostle
20	c	Med comes in	aries.	26	30	f	
21	d	Malburge	Taur.	8	1	g	July. 1614.
22	e	Achatius	taur.	20	2	a	
23	f	Cor: Christ fast	Gemi.	2	3	b	
24	g	Iohn Bapt.	gemi.	13	4	c	● New mone
25	a	Terme beg. 24	gemi.	26	5	d	the 27. day. 20.
26	b	Sunrast. Trini	Cane.	8	6	e	minutes before
27	c	Crescent mar.	cane.	20	7	f	one of the clocke
28	d	Leo bish. fast	Leo.	2	8	g	in the morning.
29	e	Peter Apostle	leo.	15	9	a	
30	f	Con: of Paul	leo.	27	10	b	

Iuly hath xxxi. dayes.

Now in Iuly dogge dayes begin,
the riuers are best to bath in:
To take hoat drinkes be not to bolde,
But vse hearbs which be moist and colde.

1	g	Octa. John	Virg.	9	11	c	☾ First quar-
2	a	Visita of ma	virg.	24	12	d	ter the 4. day 38
3	b	2. sun: aft Tr	Libr.	7	13	e	minutes after 11
4	c	Ulricus	libr.	21	14	f	of the clocke in
5	d	Zoe virgin	Scor.	6	15	g	the forenoone.
6	e	Oct. of Peter	scor.	20	16	a	
7	f	Martialis	Sagi.	5	17	b	
8	g	Chilian	sagi.	20	18	c	
9	a	Cirill bish	Capr.	4	19	d	○ Full moone
10	b	3. sun: aft Tr.	capr.	19	20	e	the 19. day about
11	c	Transf of Ber.	Aqua.	3	21	f	3. of the clocke
12	d	Nabor & Felix	aqua.	17	22	g	in the morning.
13	e	Term: endes	Pisces.	0	23	a	
14	f	Sol in leo.	pisces.	13	24	b	
15	g	Transf. of Swith	pisces	26	25	c	
16	a	transf. of Osm.	Aries.	9	26	d	☾ Last quarter
17	b	✝ Sun aft: tri	aries.	22	27	e	the 18. day. 34.
18	c	Kenelme King	Taur.	4	28	f	minutes after one
19	d	Dog day beg.	taur.	16	29	g	of the clocke in
20	e	Margar. vir.	taur.	28	30	a	the afternoone.
21	f	Praxed vir.	Gemi.	10	31	b	
22	g	Mary magd: le	gemi	22	1	c	August. 1614.
23	a	Apolin bish	Canc.	5	2	d	
24	b	3. sunaft.	canc.	17	3	e	
25	c	Jam. Apostle.	canc.	29	4	f	● New moone
26	d	Ann. mother ma.	Leo.	12	5	g	the 26. day 50.
27	e	Martha.	leo	24	6	a	minutes after one
28	f	Samson bish	Virg.	7	7	b	of the clocke in
29	g	Felix & his fel.	virg.	20	8	c	the afternoone.
30	a	Abdon & sen.	Libr.	4	9	d	
31	b	6. sun: aft Tri.	libr.	18	10	e	

This moneth of Auguſt take good heede,
for now will many ſurfets breede:
Let little ſleepe thee now conteat,
if that diſeaſes thou wilt preuent.

1	c	Lammas day	Scor.	2	11	f	☾ Firſt quarter
2	d	Steuen bish	scor.	16	12	g	the 2. day 45.
3	e	Inuen of Ste.	Sagi.	1	13	a	minutes after, 4.
4	f	Iuſtine pri.	Sagi.	15	14	b	of the clocke in
5	g	Dowzites con.	Capr.	0	15	i	the afternoone.
6	a	Tranſ. of Chr.	capr.	14	16	d	● Full moone
7	b	7. ſun. aft Tr.	capr.	28	17	e	the 9. day 37.
8	c	Ciriacke & his.	Aqua.	12	18	f	minues after high
9	d	Romaine mar.	aqua.	26	19	g	noone.
10	e	Laurence mar.	Pilles	9	20	a	☾ Laſt quarter
11	f	Tiburt mar.	pilles.	22	21	b	the 17. day 15.
12	g	Clare virgin	Aries.	4	22	c	min. after 7. of the
13	a	Sol in virgo.	aries.	17	23	d	clocke in the morn.
14	b	13 ſun. aft tri.	aries.	29	24	e	☞ Barthol. Apoſt.
15	c	Aſſum. of mar.	Taur.	12	25	f	
16	d	Roch mart.	taur.	24	26	g	● New moone
17	e	Oct. laurence.	Gemi.	6	27	a	the 25. day 39
18	f	Agapite mar.	gemi.	18	28	b	minuts after one
19	g	Magnus mar.	Canc.	0	29	c	of the clocke in
20	a	Lodowicke	canc.	12	30	d	the morning.
21	b	9. ſun aft tr.	canc.	25	21	e	
22	c	Oct aſſump.	Leo.	8	1	f	September 1914
23	d	Zacharie fall	leo.	20	2	g	
24	e	Barthol. apoſt.	Virg.	3	3	a	
25	f	Lewes King	virg.	17	4	b	
26	g	Dog day ende	Libr.	0	5	c	☾ Firſt quarter
27	a	Ruphus mar.	libra.	14	6	d	the 31. day 37.
28	b	10. ſun aft tri.	libr.	28	7	e	minutes after 9.
29	c	Decol. of John	Scor.	13	8	f	of the clocke at
30	d	Felix & Auda.	scor.	27	9	g	night.
31	e	Cuthbrege.	Sagi.	12	10	a	

Now maist thou Phisicke safely take,
and bleede and bath, for thy healths sake:
Eate Figges. and Grapes, and Spicerie,
for to refresh thy members dry.

1	f	Giles abbot	Sagi.	26	11	b	☾ Full moone
2	g	Anthony mar.	Capr.	11	12	c	the 8 day 19 min.
3	a	Gregorie.	capr.	25	13	d	before one of the
4	b	11 sun aft tri.	Aqua	8	14	e	clocke in the morning.
5	c	Herculis	aqua	22	15	f	
6	d	Eugenius	Pisces	5	16	g	
7	e	Mat M. eliz.	pisces	18	17	a	
8	f	Mat of mar.	Aries	☌	18	b	☾ Last quarter
9	g	Gorgonius	aries	13	19	c	the 16 day 28 min
10	a	Prothe & Jac.	aries	25	20	d	after one of the
11	b	12 sun: aft tri.	Taur	7	21	e	clocke in the morning.
12	c	Mauritie	taur.	19	22	f	
13	d	Sol in libr.	Gemi	1	23	g	
14	e	Exal of ☿ Cros.	gemi.	13	24	a	● New moone
15	f	Edith virgin	gemi	26	25	b	the 23 day 32
16	g	Lambert bish.	Canc	8	26	c	minuts after high
17	a	Euseme virgin	canc	20	27	d	noone.
18	b	13. sun aft tri.	Leo	3	28	e	
19	c	Famarij ma.	leo	15	29	f	Wicha: Archan.
20	d	Embertweeke	leo.	29	30	g	
21	e	Matthew Apo	Vir.	12	1	a	October. 1614.
22	f	Mauricet	vir.	25	2	b	
23	g	Tecla virgin	Libr.	9	3	c	
24	a	Gamnell	libr.	24	4	d	☽ First quarter
25	b	14 sun aft tri.	Scor.	8	5	e	the 30 day about
26	c	Cipria	scor.	23	6	f	foure of the clocke
27	d	Cosme and da.	Sagi.	7	7	g	in the morning.
28	e	Exuperi	sagi.	22	8	a	
29	f	Wicha: Arch	Capr.	7	9	b	
30	g	Jerome priest	capr.	21	10	c	

This moneth hot drinkes and meates be good,
to keepe thy health and nouriſh thy bloud:
Prouide warme cloathes and goe dry,
thou ſhalt eſcape much danger thereby.

1	a	Remigius	Aqua.	5	11	d	● Ful moone
2	b	15. in. aft Tr.	aqua.	19	12	e	the 7. day 28.
3	c	Candide mar	Piſces.	2	13	f	minutes after 3.
4	d	Frances con.	piſces.	15	14	g	of the clocke in
5	e	Apollina biſh.	piſces.	28	15	a	the afternoone.
6	f	Faith vir.	Aries.	10	16	b	
7	g	Wart and mar.	aries.	22	17	c	☾ Laſt quarter
8	a	Pelagie vir.	Taur.	4	18	d	the 15. day 38.
9	b	16. Su. aft T.	taur.	16	19	e	minutes after 7.
10	c	Terme beg.	taur.	27	20	f	of the clocke at
11	d	Burchade	Gemi.	10	21	g	night.
12	e	Milfride biſh.	gemi.	21	22	a	
13	f	Sol in ſcor.	Canc.	3	23	b	● New moone
14	g	Calixtus	canc.	16	24	c	the 22. day 38.
15	a	Wolfran	canc.	28	25	d	minutes after 10
16	b	17. ſu: aft Tri.	Leo.	10	26	e	of the clocke at
17	c	Tranſlo eth.	leo.	23	27	f	night.
18	d	Luke Euan.	Virg.	6	28	g	Simon & Jude.
19	e	Frodeſwicke	vir.	20	29	a	
20	f	Auſtrebert	Libr.	4	30	b	
21	g	Urſula vir.	libr.	18	31	c	
22	a	Mary Salom.	Scor.	2	1	d	Nouemb. 1614
23	b	18. ſu: aft Tri	scor.	17	2	e	
24	c	Tranſ. of Joh	Sagi.	2	3	f	☾ Firſt quarter
25	d	Criſpin & cr.	sagi	17	4	g	the 29. day 14.
26	e	Evrat	Capr.	2	5	a	minutes after one
27	f	Florence laſt	capr.	16	6	b	of the clocke in
28	g	Simon & Jud	Aqua.	1	7	c	the afternoone.
29	a	Marciſſus biſh	aqua.	15	8	d	
30	b	19. ſun aft Tr.	aqua.	29		e	
31	c	Quintine laſt	Piſces.	12	10	f	

November hath xxx. dayes.

Now mayst thou drinke sweete wines freely,
and vse good mirth and company:
Abstayne from wrath and all enuie,
And vse thy brethren charitably.

1	d	All Saints	Pisses.	25	11	g	● Full moone
2	e	All soules	Aries.	7	12	a	the 6. day 57 min.
3	f	Wenefride	aries.	19	13	b	after 8. of the
4	g	Amantius	Taur.	1	14	c	clocke in the mor-
5	a	Papists con.	taur.	13	15	d	ning.
6	B	20. sun aft Tr	taur.	25	16	E	
7	c	Wilfrid Ar	Gemi.	7	17	f	☾ Last quarter
8	d	4. Crowned	gemi.	18	18	g	the 14. day 36.
9	e	Theodore ma.	Canc.	0	19	a	min. after high-
10	f	Paterin.	canc.	12	20	b	noone.
11	g	Martin	canc.	24	21	c	
12	a	Sol in sagita.	Leo.	6	22	d	
13	B	21. sn. aft Tr.	leo.	19	23	E	
14	c	Trans of erk.	Virgo.	1	24	f	● New moone
15	d	Macute bish.	virgo.	15	25	g	the 21. day. 37.
16	e	Edmund Arc.	virgo.	28	36	a	minutes after 8.
17	f	Hugh bishop	Libr.	12	27	b	of the clocke in
18	g	Oct mart.	libr.	26	28	c	the morning.
19	a	Elizabeth	Scor.	11	29	d	
20	B	22. sn aft Tr.	scor.	26	30	E	Andrew Apostle.
21	c	Presen of m.	Sagi.	11	1	f	December 1614
22	d	Cicelie virgin	sagi.	26	2	g	
23	e	Clement bish.	Capr.	11	3	a	
24	f	Grisogon	capr.	25	4	b	☾ First quarter
25	g	Katherin	Aqua.	10	5	c	the 28. day 17.
26	a	Line bishop	aqua.	24	6	d	minutes after 2.
27	B	Aduent sunday	Pisses.	8	7	E	of the clocke in
28	c	Terme ende	pisses.	21	8	f	the morning.
29	d	Wed: go fast	Aries.	4	9	g	
30	e	Andrew Apost.	aries.	16	10	a	

December hath xxxi. dayes.

This moneth as I doe now remember,
the twenty five of this December:
Our Sauiour Christ was borne that day,
that we might praise his name alway.

1	f	Eligius bishop	Aries	29	11	b	☽ Full moone
2	g	Lxy bishop	Taur	11	12	c	the 6 day about 4
3	a	Libanus	taur	23	13	d	of the clocke in the
4	b	Barbara	Gemi	4	14	e	morning.
5	c	Sabba abbo	gemi	16	15	f	☾ Last quarter
6	d	Micholas bish	gemi	28	16	g	the 14 day 7 min
7	e	Oct Andr.	Canc	9	17	a	after three of the
8	f	Concept of m.	canc	21	18	b	clocke in the morn-
9	g	Joachim.	Leo	3	19	c	ning.
10	a	Christian	leo	15	20	d	● New moone
11	b	Sol in capr.	leo	27	21	e	the 20 day 50 min
12	c	Paul bishop	Vir	10	22	f	after 6 of the clock
13	d	Lucie virgin	vir	23	23	g	at night.
14	e	Emberwecke	Lib	7	24	a	
15	f	Valerius	lib	21	25	b	Christmas da.
16	g	O Sapient	Scor	5	26	c	S. Stephen
17	a	Lazarus	scor.	19	27	d	S. John
18	b	4 sun in adv	Sagi	4	28	e	Innocentes
19	c	Wenisk	sagi	19	29	f	
20	d	Julian fast.	Capr	4	30	g	
21	e	Thor Apostle	capr	19	31	a	
22	f	30 Martir	Aqua	4	1	b	January 1614.
23	g	Victor virgin	aqua	18	2	c	
24	a	Adam & Eue	Pisces	2	3	d	
25	b	Christmas day	pisces	16	4	e	☾ First quarter
26	c	S. Stephen	pisces	29	5	f	the 27. day 40.
27	d	S John	Aries	12	6	g	minutes after 6 of
28	e	Innocentes	aries	25	7	a	the clock at night.
29	f	Thomas becke	Taur	7	8	b	
30	g	David	taur	19	9	c	
31	a	Siluester	Gemi	1	10	d	

Neue. 1614.

A Prognostication seruing for the yeare of our Lord God and Saui-our Iesus Christ. 1614.

¶ Wherin you may behold and obserue, the grounds of the alteration and condition of the foure quarters of this yeare, and also the estate and disposition of the ayre, for each seuerall moneth, according to the inclination of the Celestiall bodyes, with the change of the Moone, and time of the Eclipses, and other necessary obseruations, conuenient in such a worke to be noted.

Calculated, and especially referred, to the longitude and Elevation of the Pole Article, of the famous towne of great Yarmouth, in Norfolke, and may serue indifferently for all England.

By Ieffery Neue, Practicioner in Phisick and Chirurgery.

A necessary rule to know the beginning and ending of euery Tearme, with their Returnes.

¶ Hillarie Terme beginneth the 23. date of January, and endeth the 12. of Febtuary, & hath foure returnes.

Octabis Hillarij. } { Crastino Purifica.
Quind. Hillarij. } { Octabis Purifica.

¶ Easter Terme beginneth 17. dates after Easter, and endeth the Munday next after Assention day. And hath fiue Returnes, that is to say.

Quind. paschæ. } Mense paschæ. { Quinque paschæ.
Tres paschæ. } { Crasti Ascention.

¶ Trinitie Terme beginneth the Friday next after Trinity Sunday, and endeth the Wednesday fortnight after. And hath foure Returnes, that is to say.

Crasti Trinitatis. } { Quind. trinitatis.
Octabis Trinitatis. } { Tres trinitatis.

¶ Michaelmas Terme beginneth the 9. day of October, and endeth the 28. of November. And hath 8. Returnes, that is to say.

{ Octabis Michael. / Quind. Michael. / Tres Michael. / Mense Michael. } { Crast. Animarum. / Crast. Martinij. / Octabis Martinij. / Quind. Martinij. }

¶ Note also that the Exchequer openeth eight dates before any Tearme beginne, except Trinity Tearme, it. which it openeth foure dates before.

¶ On these dayes following, the Iudges sit not at Westminster.

In { Hillary / Easter / Trinity / Michaelmas. } Terme, on { Candlemas / Ascention / Midsomer. / Alholland } day

A Compendious Table, of Phlebotomie or Blood-letting, setting downe by division the generall and speciall considerations there-unto belonging.

AS in other things, so in Phlebotomie, or Blood-letting, the cause is first skilfully and circumspectly to be considered, as that it be to purge the body of some vnnaturall, naughty, and some superfluous humor, whose substance is either simple or mixt: simple when it doth of it selfe, without the admixtion of any other degenerate, as bloud doth, when it putrifieth in the vaines, the parties being stoped: mixt when it is mingled with some that is already corrupted, as the dropsie, where the bloud is mixt with water. Then the cause being thus allowed vppon, and certainly knowne for needful and good to the patient, (for otherwise letting of bloud is very dangerous, and openeth a way to many grieuous infirmities: and withall here would generally be noted, that it is not conuenient either for a leane and weake man, or for a very fatte and grosse man to be let bloud) there remaineth to be considered,

How it standeth with the patient.
- inwardly.
  1. For his Complexion.
  2. Age.
- outwardly.
  3. For the time of the yeare, and moneth generally.
  4. For the time of the day and yet particularly.

1. Complexion.

In the Complexion is to be considered whether he be
1. Sanguine, that is, hot and moist.
2. Cholericke, that is, hot and dry.
3. Melancholy, that is, cold and dry.
4. Phlegmaticke, that is, cold and moist.

A Prognostication.

2. Age.

2. In his Age, whether he be
- In his youth.
- In his manly, or middle age.
- In his elderly age.
- In his crooked olde age.

3. The time of the yeare.

Concerning the time of the yeare he is to be aduised what parties thereof are:

good.
- Is the Spring from the middest whereof to the beginning of Summer is simply the best for this purpose, howbeit some thinke Autumne reasonable good, as no doubt it is, in comparison either of Summer or Winter: being otherwise in it selfe, to be reckoned rather for bad, then for good.

bad.
- Very bad, as Summer and Winter, for their extremity of heat and cold.
- More tollerable, as autumne being somewhat more temperate.

4. The time of the Moneth.

Concerning the time of the Moneth theſe generall Cautions are to be obſerued, that he be not let bloud in any member with any Chirurgical Inſtrument, eyther

The Moon being in Tauro, Gemini, Leone, Virgine or Capricorne: or the laſt halfe of Libra, and the firſt of Scorpio.

The Sun, the Moone, or the Lord of the Horoſcope, being in the ſigne that ruleth the member.

The moone being in any part of vialactea, or in via Combuſta, or in domo Cauſus ſui, or being vacua or tarda Curſu or interminis infortunjorum, or in the duodenariall diuiſion of the 12. houſes, placed either in the 1. 6. 8. or 12. place thereof, or applying to the Lord of the eight houſe.

The day before, the day it ſelfe, the day after the change of the moone,

Halfe an naturall day, that is 12. houres before, and as many houres after the quarters of the moone.

A day before, and a day after the full of the moone.

A day before, and a day after the Conjunction quartile, or oppoſition of the moon, with Saturne or Mars

A day before the conjunction of the moone with Mercury or Venus, or the head of the Dragon, or the tayle of the Dragon infortunate, beſide other infortunate dayes in euery moneth ſeuerally noted in many Almanackes, and expreſſy ſet downe in certaine old Latine verſes, to be ſeene in many auncient Calenders.

And then the conuenientest time of the moneth for the { 1. Sanguine. 2. Chollericke. 3. Melancholy 4. Phlegmatick } The moon being in { 1. Any of ỳ signes following. 2. Cancer or Pisces. 3. Aquarius & the first halfe of Libra. 4. Aries or Sagit.

Ratio. Contraria Contrarijs curantur.

Howbeit some specially commend Cancer, Aquarius, and Pisces, for letting of bloud, but Pisces cannot be so good, being a common or bicorporall signe.

Also the best and most laudable aspects for this purpose of these according to our soundest writers in this kinde.

The Coniunction of the moone with Iupiter or Venus, are simply and principally best: so that Venus be not Combust.

The trine or sextile of the moone with Iupiter, Sol, Venus, and Mercury, are good, but especially with Iupiter or Mercurie.

The Quartile, or opposition of the moone, with Iupiter or Venus doth well.

The trine or sextile of the moone with Mars, are reasonable good and indifferent.

The time of the moneth for

Youth, from the change to the first quarter.
Middle age, from the first quarter to the full.
Elderly age, from the full to the last quarter.
Old age, from the last quarter to the change.

Ratio. Simile gaudet suo simili.

Howbeit, no Child would be let bloud before fourteene yeares of age, nor olde man after seauentie, vnlesse his strength be the greater, and somewhat more then ordinary at those yeares.

5. Time of the day and dyet.

The time of the day must be eyther

Morning, after the rising of the Sun, when a man is yet fasting, which is simply the best, excepting the houres of Saturne and Mars, and chusing specially the houres of Jupiter and Venus, whose nature is most temperate.

Afternoone, after reasonable good or rather perfect digestion, and expulsion of superfluities.

And withall, regard must be had of the ayre, that it be not eyther too hot, or too cold, or cloudy, but calme, cleare, and temperate, the winde being then either Northerly, or else Westerly, for the South winde is no friend to Phlebotomy.

Ratio, Calidum nimium dissoluit
Frigidum nimium refrigerat

Exception.

NOtwithstanding, the premises, if this bloud-letting be for the Phrensie, the Pestilence, the Pluresie, the Squinacie, the Apoplexie. for a continuall Head-ach, proceeding of Choller or Bloud, or for any hot burning Feuer, or other extreame paine, a man in such a case may not tarry a chosen time, regularly set downe by the Astronomer, or Phisition. because that haply the Patient might miscarry in the meane season, but incontinently, with all speede he is to seeke remedy this way, unlesse eyther himselfe be very weake or like to swound, or the Moone be in the same signe, that ruleth that very part of his body.

Therefore in the aforesaid case of extremitie, bloud is not to be let in so great a quantity, as otherwise it would, if a chosen time might be conuenientlie expected.

As before bloud-letting, these circumstances are to be considered, as Complexion, Age, and times, so after bloud-letting, like considerations is to be had of our

meates and exercises, for our meates we must take none, but such as are of an easie and light digestion.

For exercise we are to abstaine from all, until the fourth day, exclusive, not onely those that be vehement as
- Riding.
- Running.
- Leaping.
- Vaulting.
- Wrastling.
- Fencing.
- Tennising. &c.

But also such as are more milde as
- Walking.
- Bowling.
- Bathing.
- And specially venery.

Lastly, we are to vse not any thing, either inwardly or outwardly, but that which may warme and comfort the body, and to follow that most learned man Joachimus Camerarius. Who excellently and briefly obserued these rules, after letting of bloud, englished as in manner following.

The first day not much meate be spent,
The second day to much be bent.
The third day vse thy rest and ease,
The fourth and fift eate what thou please.
The sixt day bath in any case,
The seauenth walke from place to place.
The eight maist thou lye with thy wife,
And after liue thy wonted life.

Now both antecedent, and consequent limitations being duely and orderly obserued, I doubt not but that I may effectually conclude with that auncient commendation of Phlebotomy, giuen out in two common verses.

Exhilarat tristes, iratos placat: amantes,
Ne sint amentes, Phlebotomia facit.

And

And thus much shall suffice, concerning the manner and methode of Phlebotomie.

Of the Eclipses which shall happen this yeare of our Lord God. 1614.

THere shal appeare, and be presented vnto our sight, (vpon this our Terestriall Globe) this yeere of our Lord God. 1614. foure Eclipses of the two great lights of Heauen, two of the Sun, and two of the Moone, whereof the first of the Sunne, and the latter of the Moone, shall not bee apparent in our Horizon, and therefore I omit for to make any further relation of them.

Of the Eclipse of the Moone.

VPon the 14. of Aprill being Thursday, there will sensibly and visibly appeare in our Horizon, 50. minuts after three of the clothe in the morning, the Moone deprived of part of her borrowed light of the Sunne, by reason of the earths interposition betweene them, she being at that instant diametrally opposite vnto the Sun, (neere Cauda Draconis) in a signe of the watry triplicitie, naturally cold and moist, of Complexion, flegmaticke, feminine, nocturnall. &c. This Lunary obscuration will be from the beginning to the end 2. houres and 45. minuts. &c.

Of the Eclipse of the Sunne.

BY reason of the body of the Moone, being placed betweene our sight and the light of the Sunne, wee shal see and perceiue a manifest Eclipse or hinderance of the Sunnes light, which shall be hidden from our sight, the 23. of September halfe an houre after high noone, being ioyned with the moone, (neere Cauda Draconis)

tonis) in Libra. The pointes or degrees eclipsed 5. and 44. minuts, the continuance from the beginning to the ende, will be two houres and 19. minuts. This defect of the Sunne (according to the opinion of the best wryters, threatneth most perilous euents in the world, according to the greatnesse of the eclipse, except God wonderfully worke the contrary at his pleasure, as for the effects, I leaue to speake of at this time.

¶ A Description of the foure quarters of this yeare of our Lord God. 1614.

Of Winter. Sunne in ♑. ♒. ♓.

WInter, (according to our vsual Computation) beginneth the 11. of December, in the yeare foregoing, at the first entring of the Sunne into the first degree of the signe Capricornus, at which time the Sunne shall bee at his greatest South declination from the equinoctiall line, which maketh with vs, the shortest day in the yeare. This season is of nature cold and moist, flegmaticke, answering to the complexion of olde men, and agreeable to the Element of water.

Of the Spring. Sunne in ♈. ♉. ♊.

THe Spring beginneth the 10. of March, at which time the Sunne doth enter into the equinoctial signe Aries, the day and the night being of an equall length, throughout the whole world. This quarter is hot and moist, and that temperately without extreamity, and therefore accounted the most wholesome time in all the yeare, for now sicknesses and paines gotten before, may be best remedied and removed, and griefes feared to come, may be best prevented and anoyded.

Of Summer Sunne in ♋. ♌. ♍.

SUmmer beginneth the 11. day of June, when the Sunne entreth into Cancer, making the longest day and shortest night in the whole yeare. This season according

according to his proper nature, is hot and dry, resembling the element of fire, and complexion of Choller, bringing all fruits to their ripenesse, Cattell to their fatnesse, and men to their wealth.

Of Harueſt. Sunne in ♎. ♏. ♐.

The Harueſt quarter called Autumne, beginneth the 13 of September, when the Sunne entreth into ♎, making the ſecond equinoctiall, the day and the night being of a iuſt equall length. This quarter is naturally cold and dry, variable, and vnconſtant, warme in the day time, and cold in the night time. Very dangerous for ſickneſſes, and diſeaſes in ſome perſons, as thoſe that be aged, or ſuch as be not perfectly cured of their Summer maladies. &c.

¶ *A declaration of the inclination and diſpoſition* of the weather and winds, according to the diuers motions and influences, of the Erraticall and fixed ſtars: with the day, houre, and minute of the change of the Moone, her full, and quarters: and alſo of the riſing & ſetting of the Sun, in euery ſeauenth day of euery month of this yeare of our Lord God. 1614.

¶ Of Ianuary.

Day	The ſunne riſeth.	The ſunne ſetteth.
1	howre 8 and 3 minuts	howre 3 and 57 minuts.
7	howre 7 and 56 minuts	howre 4 and 4 minuts.
14	houre 7 and 46 minuts	howr 4 and 14 minuts.
21	houre 7 and 34 minuts	houre 4 and 26 minuts.
28	houre 7 and 23 minuts	houre 4 and 37 minuts.

Firſt quarter the 7. day. 38. minuts after 8. of the clock at night, froſty and colde.

Full moone the 15 day, about 7. of the clocke at night, inclined to ouercaſting clouds.

Laſt quarter the 22. day, halfe an houre after 6. of the clocke at night, ſubiect to ſnow or raine.

New moone the 29. day, halfe an houre after 6. of the clocke at night, ſwinterly weather.

Ianua-

Ianuaries Abstract.

In this Month of January let not bloud, neither vse but little Phisicke, except necessity constraine thee, and beware of taking cold, for in this month, Rhewmes and Flegme do much increase, to fast long is hurtfull, but to drinke white-wine fasting is good and wholesome, vse meates and drinks that are naturally hot, moderately, and weare warme cloaths.

In worldly businesse this month you may set all kind of common fruit-trees, as Pears, Plums, Cherries, Filberds, Walnuts, and such like, Haw-thornes, and all sorts of quicke-sets, trees, or Plants, are fittest to be set, generally from the change to the first quarter.

Take away the Holle and superfluous branches from your trees, & this month it is good to set Beanes, pease, Parsneps, Radish, Leekes, Garlike, Turneps, and Onions, if the weather be milde, and the moone past her ful. You may begin to Grafte at the ende of this month, so as the moone be increasing in her light.

Good husbands also this month, crop their Trees, fell Timber, and geld their Cattell, such as must be gelded, the state of the moone alwaies considered.

¶ Of February.

Day	The Sun riseth.	The Sun setteth.
1	hou. 7 and 13 min.	houre 4 and 47 min.
7	hour 7 and 4 min.	houre 4 and 56 min.
14	hou. 6 and 50 min.	houre 5 and 10 min.
21	hou. 6 and 34 min.	houre 5 and 26 min.
28	hou. 6 and 22 min.	houre 5 and 38 min.

First quarter the 6. day, halfe an houre after fine of the clocke at night, inclined to some change of weather.

Full moone the 14. day, 20. minuts, after eight of the clock in the morning, stormy and vnconstant.

Last quarter the 21. day, 45. minuts after one of the clocke in the morning, some storme to be expected.

New moone the 28. day, 6. minuts after 10. of the clock in the forenoone, a moist change.

Februaries

Februaries Abstract.

In this moneth of February, all slimy Fish, Milke, or Rice, and such like, that doe opilate or stop the Liuer and vaines, or thicken the blood, are to be eschewed as enemies to health: also yet forbeare Phisicke and letting of bloud, except great necessity do constraine it, and learned counsell do aduise it. Beware of taking cold, for now are Agues apt to be taken, and it is perill to take heats, and afterwards sodaine cold vpon them.

In this month, is the most aptest time to graft, to plant, and to set all kind of trees and bushes, the winde & weather, and age of the moone afore-hand considered. Pease, Beanes, Hastings, Onions, Parsneps, and such like, as in January, may very fitly bee set in the wane of the Moone. The time is now to trim vp Gardens, to set and sow all kindes of Kitchen hearbs, to set slips, and to sow Kernels, to sow Mustardseed and Oates, to set hops and Vines, and to cut and prune them, and to sticke vp your rouncinall Pease and Hastings.

¶ Of March.

Day	The Sun riseth.	The Sun setteth.
1	hou. 6 and 20 min.	houre 5 and 40 min.
7	hou. 6 and 8 minut	houre 5 and 52 min.
14	hou. 5 and 54 min.	houre 5 and 6 min.
21	hour 5 and 40 min.	houre 6 and 20 min.
28	hour 5 and 26 min.	hour 6 and 24 min.

First quarter the 8. day, about one of the clocke in the afternoone, windy and stormy.

Full moone the 15. day, about 7. of the clocke at night, ruffeling winds.

Last quarter the 22. day, 42. minuts after nine of the clocke in the forenoone, windy and cloudy.

New moone the 30. day, 20. minuts after two of the clocke in the morning, fitting the season.

Marches Abstract.

In this Moneth of March, the humours of mans

mans body begin to increase: and nowe grosse feeding breedeth grosse blood and grosse humors: and therefore vse meats of good digestion, & such as bred good iuyce. It is a good time to purge and clarifie the blood, by Potions, Bathings, and Blood-letting, or such other waies, as the learned Phisition shal appoint, and as the cause of the disease shal require. Now also sweet meats and drinkes are commendable.

The time of grafting as yet indureth together, with setting, sowing, proining, and plashing, of Vines, Hoppes, Willowes, Dates, Kidde-peale, Onions, and Parsneps, and such like, &c.

¶ Of Aprill.

Day	The Sun riseth.	The Sun setteth.
1	hou. 5 and 18 min.	houre 6 and 42 min.
7	hour 5 and 6 min.	houre 6 and 54 min.
14	hou. 4 and 54 min.	houre 7 and 6 min.
21	hou. 4 and 39 min.	houre 7 and 21 min.
28	hou. 4 and 29 min.	hour 7 and 31. min

Last quarter the 7 day, 40 minuts after fiue of the clock in the morning, apt for the time.

Full moon the 14 day, 50 minuts after 3. of the clocke in the morning, some Aprill showers.

Last quarter the 20. day, halfe an houre after 7. of the clocke at night, fitting the season.

New Moone the 28. day, 36 minuts after fiue of the clocke at night, temperate and good weather.

Aprils Abstract.

In this Month of Aprill, the poores of men are opened, and are apt to receiue Phisicke: and they that nowe refuse the same, I commit them

to the benifite of Nature, for of all times of the yeere, this is the best time to preuent causes of sicknesses, or for speedy remedie in extreamities: for now nature her selfe doth renew strength through all the body. So where sicknesse happeneth, ther sone vnburdeneth by the meanes of Phisicke: wherefore what it cannot doe now, hereafter it will hardly be done, therefore take time whilst time is, &c.

As yet you may graft and proine Vines, also set Melons, Cowcumbers, Citrons, Hartichokes, and pole vp Hops, sow Barley, Tanners apply themselues to Barking of trees, &c.

¶ Of May.

Day	The Sun riseth.	The Sun setteth.
1	hou. 4 and 23 min.	hour 7 and 37 min.
7	hou. 4 and 15 min.	hour 7 and 45 min.
14	hou. 4 and 5 min.	hour 7 and 55 min.
21	hou. 3 and 56 min.	houre 8 and 4 min.
28	hou. 3 and 50. min.	hour 8 and 10 min.

First quarter the 6. day, about seauen of the clocke at night, faire and windy.

Full moone the 13 day, halfe an houre after high-noon, faire and windy.

Last quarter the 20 day, 23 minuts after 7. of the clock in the morning, ouercasting clouds.

New moone the 28. day, 14 minuts after ten of the clocke in the forenoone, faire and pleasant.

Mayes Abstract.

In this month of May rise early, for May dooth not loue any sluggards. And let such as be in health and able, walke into the fieldes, and to eate and drinke a little

betimes

bettimes is wholesome: abstain from al meats as be of a hot nature. And for such as be sick, it is a very good time to be let blood, or to take Phisicke. Such as bee whole, God keepe them in health: and such as bee sicke, God send them good Phisitians and Phisicke.

The time sitting now to sow Basill, Marierome, & such fine seedes, as before might not bee sowne, because of the coldnesse of the weather. Set Sage according to the proverb, set Sage in May, and it will last alway. Sow flax and Hemp, set Hartichokes, weede your Hops and Gardens, see to your Grafts, that no superfluous branches trouble them, May dew Rosemary flowers, and Beane flowers, may at your pleasure be distilled this month, and now also haue a care of watching your Bees.

¶ Of Iune.

Day	The sunne riseth.	The sunne setteth.
1	howre 3. and 49. min.	howre 8 and 11 minuts.
7	howre 3. and 46. min.	howre 8 and 14 minuts.
14	howre 3. and 47. min.	howre 8 and 13 minuts.
21	howre 3. and 49. min.	howre 8 and 11 minuts.
28	howre 3. and 52. min.	howre 8 and 8 minuts.

First quarter the 5. day, 46. minuts after foure of the clocke in the morning, pleasant weather.

Full moone the 11. day, about 7 of the clocke at night, overcasting clouds.

Last quarter the 18. day, 32 minuts after 9. of the clocke at night, sitting the season.

New moone the 27. day, 20 minuts before one of the clocke in the morning, inclined to raine.

Iunes Abstract.

In this Moneth of June, if thou must needes vse Phisicke, take it early in the Morning, that it may haue wrought before the heate of the day: and vse a light or thinne diet, for the stomacke is not now so able to digest as in winter, or some other of the former Monthes. It is very

good

good and conuenient for some to drinke clarified Whay, boyled with cold Hearbes, and to abstaine from violent exercises.

Distilling of Roses making Syrops and conserues are now in the prime. Now gather such hearbs as you meane to keepe all the yeare, but be sure, ou dry them in y shade. Good Husbands and housewiues, are now weeding of the Corne & Gardens, others shearing their sheep. The time serues to set Rosemary and Gillowflowers. Take heede now of cutting of tuber hedge, tree, or herbs with knife, but rather gather them with your fingers. Now may you set Saffron, carry out compost, make Hey, in Gardens of Swales, Nuts, or Plumes, &c.

¶ Of July.

Day	The Sun riseth.	The Sun setteth.
1	hou. 3 and 54 min.	houre 8 and 6 min.
7	hou. 3 and 59 min.	houre 8 and 1 min.
14	hou. 4 and 7 minut	houre 7 and 53 min.
21	hour 4 and 20 min.	houre 7 and 40 min.
28	hour 4 and 30 min.	houre 7 and 30 min.

First quarter the 4 day, 38 minuts after 11 of the clocke in the forenoone, ouercasting clouds.

Full moon the 11 day, about 3 of the clocke in the morning, many white dispersed clouds.

Last quarter the 18 day, 24 minuts after one of the clock in the after-noone, soultry hot.

New moone the 26 day, 50 minuts after one of the clock in the afternoon, faire and pleasant.

Iulies Abstract.

In this month of July, vse cold hearbs and cold meats, sustain no great thirst, for feare of breeding of Agues and Pestilence, abstaine from Physicke and extreame exercises. And now the Riuers are more wholesome then the Baths. Let the Sunne be vp before you walke abroade, and take heed of filthy gutters, and stinking lanes. In the time of any plague or pestilence, keep your chamber win-

dowes close shut, aswell all nights, as also in close, foggy, and moist daies, opening them when the sun hath force of shining, and bee sure to perfume your Chambers every euening, with Mastick or Frankinsence, or with Tarre put vpon a Chasing-dish of Coales, then which nothing is better, and let them vse Cardous Benedictus, boyled and drunke fasting.

May haruest now calleth slacke husbands to worke, and such as haue leisure, it is good to fallow for wheat, and to carry out soile, and to gather seeds and flowers to keepe all the yeare, and to dry the flowers in the shade, till they be almost dry, and then set them a while to the sun, that they mould not: and in like manner may you vse your hearbs.

¶ Of August.

Day	The Sun riseth.	The Sun setteth.
1	hou. 4 and 36 min.	houre 7 and 24 min.
7	hou. 4 and 48 min.	houre 7 and 12 min.
14	hour. 5 and 0 min.	houre 7 and 0 min.
21	hou. 5 and 16 min.	hour 6 and 44 min.
28	hou. 5 and 27 min.	hour 6 and 33 min.

First quarter the 2. day, 45. minuts after four of the clocke in the afternoone, some showers of raine.

Full Moone the 9. day, 37. minuts after high noone, mutable and vnconstant.

Last quarter the 17. day, 15 minuts after 7. of the clock in the morning faire and pleasant.

New moone the 25. day, 39. minuts after one of the clocke in the morning, some stormes of moysture to bee expected.

First quarter the 31 day, 37. minuts after 9. of the clocke at night, fitting the time.

Augusts Abstract.

In August moderate diet is good Phisicke, for now it is very dangerous to surfeit: and take good heede of heates and then colds, for nothing sooner engendereth Pluriſies. And vse not to sleepe much, and especially after noone, for making Opilations, and for annoying of Agues,

Agues, and the Headach, and Cathares. And let a man abſtaine from phiſick this month, except great neceſſity compell him.

Now Lady Ceres lookes to haue men enough to attend vpon her, and he that will not now beſtir him to gather in his heat, is well worthy to eate browne Bread at Chriſtmas. They that would haue good ſeeds for their Garden the next yeare muſt now gather of their own, leaſt in buying abroad, they looſe both their money, fruit, and labour. And ſuch as deſire to haue Lettice, or other Hearbes for winter, may commit ſeeds to the earth now in the increaſe of the Moone.

¶ Of September.

Day	The ſunne riſeth.	The ſunne ſetteth.
1	howre 5 and 34 minu.	howre 6 and 26 minutes
7	howre 5 and 46 minu.	howre 6 and 14 minutes
14	howre 6 and 2 minuts	howre 5 and 58 minutes
21	howre 6 and 16 minu.	howre 5 and 46 minutes
28	howre 6 and 28 minu.	howre 5 and 32 minutes

Ful moone the 8 day, 19 minuts before one of the clock in the morning, windy and vnconſtant.

Laſt quarter the 16. day, 28 minutes after one of the clocke in the morning, inclined to raine and winde.

New Moone the 23. day, 32 minuts after high noone, windy and vnconſtant.

Firſt quarter the 30 day, about foure of the clocke in the morning, cloudy and vncertaine.

Septembers Abſtract.

In this month of September, ſuch as haue need may ſafely take Phiſicke, and alſo may bath and bleede. In this month all things are in their proper vertue. And ſuch fruits as are ripe, and not infected, are good to eat, for ſuch as haue good ſtomacks.

The time is good to make conſernes of Barberies and Mutinces, winter hearbs muſt be now ſowne, likewiſe is this time to ſet Hartichokes, Roſe-trees, Apples, Pears, Wardens, Strawberries, Violets, Gillowflowers. Apples are to be gathered at the full of the moon, ſow Par-

neps, and in dry weather gather your Hops. Good husbandry is sowing Rie and wheat, and good huswinery is making of Verjuyce, and plucking of Hemp. &c.

¶ Of October.

Day	The sunne riseth.	The sunne setteth.
1.	howre 6 and 34 minu.	howre 5 and 26 minuts
7	howre 6 and 46 minu.	howre 5 and 14 minuts
14	howre 7 and 0 minuts	howre 4 and 0 minutes
21	howre 7 and 15 minu.	howre 4 and 45 minuts
28	howre 7 and 26 minu.	howre 4 and 34 minuts

Full Moone the 7. day, 28 minutes after three of the clocke in the afternoone, windy and vnconstant.

Last quarter the 15 day, 38 minuts after 7. of the clock at night, some fall of moysture.

New Moone the 22. day, 38 minuts after 10. of the clocke at night, raine and vnconstant weather.

First quarter the 29. day, 14. minuts after one of the clock in the after-noone, fitting the season.

Octobers Abstract.

In this month of October, then mayst take Phisicke, and also bleed and bath if occasion serue, vse hot meates, and drinke any good wholesome wines to nourish good blood: and beware of taking colde, because the Quartane Ague will be apt to be taken, and such other dangerous diseases.

Remoue young Trees as Apples, Peares, Quinces, Roses, &c. Set Peale, Parsneps, &c.

Good Husbands need not be hasted to sowing of wheat, set Nuts, Peones, and Filberts, and to doing of such good husbandry.

¶ Of Nouember.

Day	The sunne riseth.	The sunne setteth.
1	howre 7 and 33 minuts	howre 4 and 27 minuts
7	howre 7 and 42 minuts	howre 4 and 18 minuts
14	howre 7 and 52 minuts	howre 4 and 8 minutes
21	howre 8 and 3 minutes	howre 3 and 57 minuts
28	howre 8 and 9 minutes	howre 3 and 51 minuts

Full

Full Moone the 6. day, 5[illegible] minuts after 8. of the clocke in the morning, anſwerable to the ſeaſon.

Laſt quarter the 14 day, 36. minuts after high-noon, cold and cloudy.

New moone the 21. day, 37. minuts after eight of the clocke in the morning, cold and dry.

Firſt quarter the 28. day, 17. minuts after two of the clock in the morning, inclined to moyſture.

Nouembers Abſtract.

In November finiſh the Whiſicke that pee meane to take, and ſo reſt till March, except ſom great neceſſity cõpell thee, vſe good meats and wholeſome Wine to nourriſh thy blood: prouide thee warme clothing, and go dry of thy feet, or elſe make ſure account of rheume & poſe, beſides ſome other inconueniences that will enſue, &c. Beware of the hot houſe this month, and vſe Bruny and Cinamon in drinke.

In the new of the Moone, you may remoone young Trees, as in the laſt month, and ſet Crab-tree ſtockes to graft vpon, when you pleaſe. It is alſo a good time in the wane of the moone, to ſet Peaſe, Beans, and if the weather be not too hard, it is good ſowing of Par neps, good making of Malt, and killing of Beeues and Swine.

¶ Of December.

Day	The ſunne riſeth.	The ſunne ſetteth.
1	howre 8 and 12 minu.	howre 3 and 48 minuts.
7	howre 8 and 14 minu.	howre 3 and 46 minuts.
14	howre 8 and 15 minu.	howre 3 and 45 minuts.
21	howre 8 and 12 minu.	howre 3 and 48 minuts.
28	howre 8 and 7 minu.	howre 3 and 53 minuts.

Full moon the 6. day, about foure of the clocke in the morning, wintery weather.

Laſt quarter the 14 day, 7. minuts after 3. of the clock in the morning, windy freezing.

New moon the 20. day, 50. minuts after 6 of the clock at night, ſubiect to Stormes.

Firſt quarter the 27 day, 40 minuts after 6 of the clock at night, inclined to winde and moiſture.

Decem-

Decembers Abstract.

In this month of December, keepe thy body and head from cold, and eate such meates as bee of hot quality, abstaine from Phisick, and let thy Kitchen be thy Apothecary, warme clothing thy Nurse, merry company thy Keepers, and good hospitality thine exercise.

Remoue trees and bushes as aforesaid in November if the weather proone not extreame. In the wane of the moone, set Beans and Pease, and those hearbs that cannot indure the cold, couer them with straw, or other prouision, from the frosts and snow. Finally, thus ending the old yeare, let vs repent vs, and forsake our old sinnes and lead newe lines, all the daies of this miserable and transitory life, that in the end, we may be translated into euerlasting ioy and happinesse, through Jesus Christ our Sauiour, who be praised for euer and euer, Amen.

A Precaution and aduertisement, made for euery month of this yeare of our Lord God 1614. declaring the dangerous daies and nights to take any sickenesse, or to be sicke in: whereby euery man may take heed to himselfe, and so prouide in time for speedy remedy.

¶ Of Ianuary 1614.

The fourth and fift both dayes and nights, very dangerous, the 13. all day, and the 13. day and night, in like sort, the 19. day, and the 20 day and night also dangerous, the 25. and 27. both dayes and most part of the nights, very dangerous.

¶ Of February 1614.

The first day, vntill midnight, the 4. day dangerous, the 8. day, and 11. day, and both nights in like sort, the 15. and 18. dayes, and most part of the nights dangerous,

rous, the 21. day. till the next day at noone, and the 25. day vntill midnight very dangerous.

¶ Of March 1614.

The fift and 8. dayes and nights dangerous, the 12. day, and all night vntill the next day at noone, in like sort, the 15. day dangerous, the 19. and the 21, dayes and both nights dangerous, the 26, and 28, dayes, and nights in like manner.

¶ Of Aprill. 1614.

The third day and all night, the 5. day dangerous, the 10. and 11. dayes and nights vntill the next day at noon in like manner, the 17, and 18, dayes very dangerous, the 24, day and all night, and the 25, day also dangerous.

¶ Of May.

The second day and all night very dangerous, the 9, day and all night, vntill the nert day at noone, in like manner, the 15, day and all night, and the 16, day dangerous, the the 22, and 23, dnies and nights likewise, the 30, day, and the 31, day and all night dangerous.

¶ Of Iune.

The first and the 7, day and all night dangerous, the 12. and 14, dayes in like sort, the 18, day and all night till the next day at noone, and the 21. day and all night dangerous, the 26, and the 29, dayes and nights, very dangerous.

¶ Of Iuly.

The third and fire dayes, vntill midnight dangerous, the 10. day and all night and 12 day likewise, the 16. day, and the 20. day and all night in like manner, the 23. day and all night. and the 28 day dangerous, the 30 day and all night very dangerous.

¶ Of Auguſt.

The fourth day and the 5 day, and all night till the next day at noone, dangerous. the 10 day and all night vntill the next day at noone. and the 12 day and all night in like manner,

manner, the 18 day and all night, and the 20 day alſo in the like ſort, the 26 day and all night very dangerous.

¶ Of September.

The firſt day and all night, and the 2 day dangerous, the 8 day and all night in like manner, the 16 day and moſt part of the night dangerous, the 23 day till midnight likewiſe, the 29 day and all night but till the next day at noone, alſo dangerous.

¶ Of October.

The firſt day and all night till the next day at noone, and the 7 day dangerous, the 13 and 14 dayes & nights both dangerous, the 20 day and the 21 day, and all night likewiſe, the 26 day till midnight, and the 28 day likewiſe dangerous.

¶ Of Nouember.

The ſecond and 4 day dangerous, the 9 and 11 dayes and nights likewiſe, the 16 and 18 dates and nights both dangerous, the 22 day and all night, and the 24 day and all night in like manner, the 29 day very dangerous.

¶ Of December.

The firſt day and moſt part of the night dangerous, the 6 day and all night likewiſe, the 9 day alſo, the 14 day & the 15 day, and all night till the next day at noone dangerous, the 20 day and the 21 day till the next day at noone likewiſe, the 26 day and all night, and the 28 day and moſt part of the night very dangerous.

FINIS.